



## **Gainesville ISD Physical Information 2025-2026**

There will be **free physicals** for all students participating in Athletics, Cheerleading, Dance, Color Guard and Band. Completed physicals must be turned in to the Athletic Trainer prior to any participation.

**All incoming 9th & 11th graders, as well as ALL band and colorguard must have a physical dated after May 1, 2025.**

The following procedure will be how we are conducting physicals this year.

**1. Location of physicals:** Gainesville High School Competition Gym

**2. Date of physicals:** **May 7th, 2025 2-4:30pm**

**3.** Incoming 11th graders will start physicals at 2pm; Band & Color Guard will start physicals at 3pm

**4. In order to get a physical on May 7th, 2025:**

- Must have Physical Exam Consent Form filled out, signed and turned in to Becca no later than May 2nd.
- Must have Medical History (front of the physical) filled out, signed and turned in to Becca no later than May 2nd.
- Must have any previous clearances turned in to Becca no later than May 2nd.

**5.** If you wear prescription glasses or contacts, bring them with you to the physical.

**6.** If you do not plan to do the school physicals, you must have your physical by the first day of school/ or practice (whichever comes first), as well as any clearances needed.

**If you have any questions, please contact:**

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